

# NC Center for Resilience & Learning

Our mission is to build resilience and success for all North Carolina students and educators.

## 2024- 2025 (Year 8) Impact Report

### Our Reach (2024-2025 School Year)



**22**  
**Districts**

Received some level of trauma-informed training or coaching



**43**  
**Schools**

Received our full model of intensive ongoing training and coaching



**5.2K+**  
**Staff**

Participated in trauma-informed training



**17.5K+**  
**Students**

Benefited from full model partnership schools

### Our Impact

#### Changes in staff knowledge and practices:

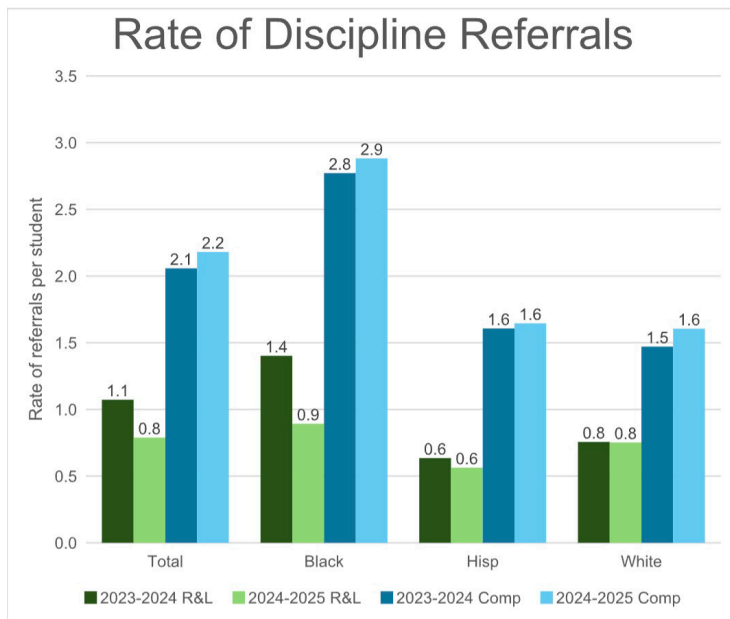


**71%** of school staff observed changes in student relationships this year, with **73%** of those seeing it as positive.



**75%** of staff noticed a shift in their views on student behavior, with **70%** of those seeing it as a positive change.

#### Changes in discipline referrals:



In one district, the green represents schools that R&L partnered with, while the blue represents comparison schools where no partnership had yet occurred. The graph illustrates decreases in referral rates from the year prior to the R&L coaching intervention to the end of the first intervention year. Notably, the largest decrease was observed among Black students in the intervention schools.

\*Rate of discipline referrals is determined by dividing the number of referrals made by the total enrollment in each category.

# Launched & Deepened Partnerships & Programs



## Western NC Post-Helene Support and Expansion:

In response to Hurricane Helene, we are expanding to three of the hardest-hit districts for the 2025–26 school year, offering full model partnerships and dedicated coaching. We've also joined the WNC Resilience Project with Openway Learning to help reimagine education in the region. Additionally, we created a resource guide: [Supporting Students & Families in the Aftermath of a Natural Disaster](#).



**NC Principal Fellows Program** partnership to provide training to new principals, faculty and staff from programs across NC.



Our new **Virtual Learning Series** in Spring 2025 reached 480 people. Additional series will take place in the fall and spring open to educators across the state.



**CORE Collaborative (Community of Resilient Educators)** CORE Collaborative is a new cohort launching in Fall 2025, bringing together 28 educators from 21 districts to build leadership capacity, form resilience teams, and serve as trauma-informed leaders in their school communities.



**Team Expansion:** we hired 3 new team members (each located in a different region) to meet the needs of our new district partnerships, expansion across the state, and our new scaling work.



Release of the **Trauma-Informed Educator Preparation Toolkit**



**Community Schools** partnership includes Resilience Coaches delivering R&L's full model in 18 community schools statewide.

## What others are saying

- "I especially appreciated the way the program was always presented. It was never presented under the guise of 'this isn't one more thing for you to do.'" It was always presented as a positive that would help us support our students better."
- "I was able to connect more with students this year, even the more challenging ones. Remembering that students are humans just like we are, and they go through things that may be hard for them to process was really important. I found myself being more open and patient, and that has helped me be more empathetic and supportive for all students."
- "This year, my understanding of misbehavior shifted from seeing it as something to correct to something to understand. I began to look at misbehavior as communication—often a sign that a child was feeling overwhelmed, tired, unsure of expectations, or lacking the words to express themselves. Instead of reacting with immediate consequences, I started to slow down and ask; What is this behavior telling me?"