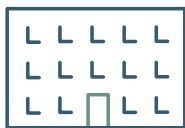




**Commemorating Five Years of Work  
 in North Carolina**

**Our Reach**



**33**

**DISTRICTS**

Received some level of trauma-informed training or coaching



**60**

**SCHOOLS\***

Received our full model of intensive ongoing training and coaching



**4K+**

**EDUCATORS**

Participated in trauma-informed schools training



**26K+**

**STUDENTS**

Benefited from full model partnership schools where staff received intensive ongoing training and coaching

**Impact of Center Training and Coaching on Partner Educators**

**79%** agreed or strongly agreed that Center training and coaching **increased their knowledge about Adverse Childhood Experiences (ACEs), stress, and trauma**

**78%** agreed or strongly agreed that Center training and coaching **increased their knowledge about ways to build resilience for themselves and their students**

**78%** agreed or strongly agreed that Center training and coaching **helped them learn new strategies to implement with their students**

\*The majority of our partner schools are Title I with greater than 90% of students receiving free and reduced lunch

I had students tell me when they were struggling and asking for help rather than acting out and getting frustrated.

Once I started to talk with them about how good they are doing with classes, they started to open up about things going on around them. I was able to help them get more class/homework done in the day so they could just be themselves after school hours.

**70%** of partner educators said they saw changes in their relationships with students while working with the Center for Resilience & Learning.

**CLOSER, MORE RESPECTFUL, AND MORE POSITIVE** relationships with students

More **COMPASSIONATE, UNDERSTANDING,** and **PATIENT** with students

Better **COMMUNICATION** with students

Students were more **OPEN, TRUSTING,** and **RESPONSIVE**

Anytime I would say 'I understand what you're going through' I could see a calm down starting to happen with students immediately.

In the beginning I was reactive, I learned quickly that this approach was not working. I try to give the student a few minutes of calming time before I try to discuss the behavior. I attempt to talk *with* them instead of *at* them.

**69%** of our partner educators noticed changes in how they think about causes of misbehavior or in their responses to misbehavior.

Better understanding of **REASONS BEHIND BEHAVIOR** and better able to **CONSIDER THE WHOLE CHILD**

Better understanding of the **RELATIONSHIP BETWEEN TRAUMA OR ACES** and the impact on **GROWTH, DEVELOPMENT, AND LEARNING**

Better able to **ALLOW STUDENTS TO TAKE TIME TO CALM DOWN** and listen and **DISCUSS ALTERNATIVES**

**UTILIZED NEW STRATEGIES** with students and misbehavior

Handled situations better because they were able to consider the **ROOT CAUSES OF BEHAVIOR**